



**HEALTH HISTORY**

To ensure both the effectiveness and the safety of your treatment, please complete this health history as accurately as you can.

**PERSONAL INFORMATION**

Name \_\_\_\_\_ Date \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Sex: \_\_\_ Female \_\_\_ Male

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Work \_\_\_\_\_ Mobile \_\_\_\_\_ Other \_\_\_\_\_

Email: \_\_\_\_\_

How did you hear of us? Google Yahoo Dallas Voice Existing Patient Other \_\_\_\_\_

**I AM INTERESTED IN:** (Please check all that apply)

- HAIR REMOVAL
- SKIN TIGHTENING
- ROSACEA TREATMENT
- ACNE TREATMENTS
- CELLULITE TREATMENT
- OTHER, PLEASE SPECIFY \_\_\_\_\_
- SKIN REJUVENATION
- ACNE SCAR TREATMENT
- SUN DAMAGE / AGE SPOTS
- LASER LEG VEIN TREATMENTS
- PHOTOFACIAL
- SKIN CARE ADVICE / PRODUCTS
- MICRODERMABRASION/CHEMICAL PEELS
- FACIAL VEIN TREATMENTS
- TEETH WHITENING
- FAT/VOLUME REDUCTION

**DO YOU USE SUNSCREEN**  YES  NO IF YES, SPF # AND BRAND \_\_\_\_\_

**WHEN YOU SUNBATHE, HOW DOES YOUR SKIN RESPOND?**

- ALWAYS BURN, NEVER TAN
- USUALLY BURN, TAN WITH DIFFICULTY
- SOMETIMES BURN, TAN ABOUT AVERAGE
- ALMOST NEVER BURN, TAN VERY EASILY
- RARELY BURN, TAN EASILY
- NEVER BURN, ALWAYS TAN

**MEDICAL HISTORY** (Please circle your answer)

ACUTANE	YES	NO	HEPATITIS	YES	NO
ACNE	YES	NO	HIRSUTISM	YES	NO
ALLERGIES (drug or latex)	YES	NO	HIGH BLOOD PRESSURE	YES	NO
ARTHRITIS	YES	NO	HIV POSITIVE	YES	NO
AUTOIMMUNE DISORDER	YES	NO	KELOID SCARS (other scars)	YES	NO
BLOOD DISORDERS	YES	NO	KIDNEY DISEASE	YES	NO
CANCER (radiation therapy)	YES	NO	METAL PINS IN BODY	YES	NO
COLD SORES	YES	NO	MELANOMA	YES	NO
CONTACT LENSES	YES	NO	PACEMAKER	YES	NO
DERMATITIS/ECZEMA	YES	NO	RETIN A	YES	NO
DIABETES	YES	NO	PCOS (polycystic ovarian)	YES	NO
EPILEPSY	YES	NO	SKIN PIGMENTATION	YES	NO
GENETIAL HERPES	YES	NO	STD'S	YES	NO
HORMONAL IMBALANCE	YES	NO	Steroid or Hormonal Therapy	YES	NO
HEART CONDITION	YES	NO	SHINGLES	YES	NO
HEMOPHILIA	YES	NO	VITILIGO	YES	NO

Please Initial \_\_\_\_\_  
Please fill out other side.

**ADDITIONAL QUESTIONS:**

- 1. ARE YOU CURRENTLY BEING TREATED FOR ANY CONDITIONS NOT LISTED? **YES NO** IF YES, PLEASE SPECIFY.  
\_\_\_\_\_
- 2. ARE YOU CURRENTLY TAKING ANY MEDICATIONS, INCLUDING HERBAL PREPARATIONS, OR MEDICAL PATCHES? **YES NO** IF YES, PLEASE SPECIFY.  
\_\_\_\_\_
- 3. DO YOU HAVE ANY ALLERGIES? **YES NO** IF YES, PLEASE SPECIFY.  
\_\_\_\_\_
- 4. HAVE YOU EVER USED (OR ARE CURRENTLY USING) RETIN A OR GLYCOLIC ACID? **YES NO** IF YES, PLEASE SPECIFY.  
\_\_\_\_\_
- 5. HAVE YOU EVER USED (OR ARE CURRENTLY USING) ACCUTANE? **YES NO** IF YES, PLEASE SPECIFY WHEN.  
\_\_\_\_\_
- 6. HAVE YOU EVER HAD A CHEMICAL PEEL? **YES NO** IF YES, PLEASE SPECIFY.  
\_\_\_\_\_
- 7. HAVE YOU HAD ANY LASER TREATMENTS? **YES NO** IF YES, PLEASE SPECIFY.  
\_\_\_\_\_
- 8. WHAT PRODUCTS ARE YOU CURRENTLY USING ON YOUR SKIN?  
\_\_\_\_\_
- 9. DO YOU HAVE ANY DENTAL OR ACRYLIC IMPLANTS, CROWNS OR BRIDGEWORK? **YES NO** IF YES, PLEASE SPECIFY.  
\_\_\_\_\_
- 10. DO YOU HAVE ANY TATTOOS OR PERMANENT MAKEUP IN THE AREA TO BE TREATED? **YES NO** IF YES, PLEASE SPECIFY.  
\_\_\_\_\_
- 11. DO YOU HAVE A PACEMAKER? **YES NO**
- 12. HAVE YOU EVER BEEN TREATED BY AN ENDOCRINOLOGIST (HORMONE IMBALANCE)? **YES NO** IF YES, PLEASE SPECIFY.  
\_\_\_\_\_
- 13. DO YOU SUNBATHE OR USE SELF TANNING LOTIONS OR USE TANNING BEDS? **YES NO** IF SO, THEN HOW OFTEN?  
\_\_\_\_\_
- 14. HAVE YOU EVER HAD GOLD THERAPY (USED FOR RHEUMATOID ARTHRITIS) **YES NO**
- 15. ARE YOU CURRENTLY PREGNANT OR TRYING TO GET PREGNANT? **YES NO YOU MUST INFORM US IF YOU BECOME PREGNANT DURING TREATMENTS.**
- 16. HAVE YOU HAD RESTYLANE, PERLANE, HYLAFORM OR BOTOX INJECTIONS IN THE AREA TO BE TREATED? **YES NO** IF YES, PLEASE SPECIFY.  
\_\_\_\_\_
- 17. DO YOU HAVE ANY PARTICULAR SKIN SENSITIVITIES? **YES NO** IF YES, PLEASE SPECIFY.  
\_\_\_\_\_

**How soon would you like to begin treatments?**                      Very Soon                      Near Future                      Today if Possible

Please sign below to indicate all the information on this for is accurate and complete.

Signature \_\_\_\_\_ Date \_\_\_\_\_



Patient Consent for Microdermabrasion

**Patient Name:** \_\_\_\_\_

Procedure: Microdermabrasion  
Device: Clear FX/Vita Peel Advanced/PSS Microdermabrasion Device/DermaSweep

I hereby authorize and direct any associates or assistants of Advanced Skin Fitness to perform Microdermabrasion on me. **Multiple treatments** will be required to achieve cosmetically acceptable results. In rare cases, patients may not experience any improvement in the skin even with multiple Microdermabrasion treatments. I specifically acknowledge that no guarantees or warranties have been made concerning the results of the procedure.

Microdermabrasion abrades away epidermal tissue in the areas treated. It is done so precisely that normal surrounding tissue is hardly affected. Microdermabrasion is often used to treat acne, reduce the appearance of scars, fine lines and wrinkles, hyperpigmentation, and other skin conditions.

**The following points have been discussed with me and I understand:**  
(please initial each statement)

\_\_\_\_\_ Possible complications or risks involved with Microdermabrasion include, but are not limited to scarring, scabbing, and long-term pigmentary changes (hypopigmentation or hyperpigmentation.)

\_\_\_\_\_ I understand that the use of an acid following Microdermabrasion will increase the peel I receive from the treatment and increase my chance of scabbing following my treatment. Healing time will be increased to up to 14 days.

\_\_\_\_\_ **Tanning from the sun and artificial tanning devices such as tanning beds must be avoided for 7 days after the treatment.** I understand that it is my responsibility to avoid the sun and to let my technician know if I have received any tan throughout the course of my treatment. Swimming should also be avoided for 7 days after the treatment.

\_\_\_\_\_ I understand that I must use a full spectrum sunblock with a minimum SPF 25 daily. A non-chemical sunblock such as transparent zinc oxide is less irritating to sensitive skin.

\_\_\_\_\_ I will avoid the use of Retinol, Retin A, Renova, alpha or beta hydroxyl type products and all forms of scrubs for at least 48 hours, or until sensitivity has subsided.

\_\_\_\_\_ I understand that I must avoid wearing ordinary make-up for at least 24 hours after a treatment.

\_\_\_\_\_ I understand that anytime the skin barrier is broken, there is a small risk of bacterial or viral infection. I will contact Advanced Skin Fitness immediately if I suspect infection.

\_\_\_\_\_ I understand that in certain cases, a striping in criss-cross directions may appear for a few days after treatment. This is normal and will disappear as the skin heals. Exercise and extreme heat from steam rooms and saunas will increase the appearance of these lines temporarily until the skin heals as well as cigarette smoking, caffeine, aspirin, and other blood thinning medications.

\_\_\_\_\_ I hereby authorize Advanced Skin Fitness or any associates to take pictures of the treated area to be used in my patient file and/or teaching purposes. I understand that the release of this information will be kept confidential and that no patient names will be used.

\_\_\_\_\_ I understand that immediately following the Microdermabrasion, the treated area will appear as a red discoloration and have edema (swelling), and possibly blood spotting. The redness (erythema) and discoloration may take up to 10 days to heal. The treated area will feel like a sunburn or windburn for a few hours after the treatment.

Patient or legal guardian signature and date \_\_\_\_\_

Witness signature and date \_\_\_\_\_



## Credit Card Charge Authorization Agreement

We request the courtesy of a 24 hour notice in the event an appointment needs to be cancelled or rescheduled. A \$75 no show fee for facial treatments and a \$100 no show fee for laser treatments will apply in the event advanced cancellation notice is not given. Appointments booked same day of service will be assessed a no show fee should cancellation become necessary. For treatments that are pre-paid, the pre-paid treatment will be forfeited without 24 hour notice of cancellation. Thank you for your cooperation.

I, \_\_\_\_\_,

hereby authorize Advanced Skin Fitness to charge my credit card used for my treatments in the amount of \$75 for a missed facial treatment or \$100 for a missed laser treatment.

I have read this entire agreement and understand that I will be held fully responsible for its terms and charges. I agree not to chargeback Advanced Skin Fitness, as long as I receive the services that are entitled to me and guidelines are followed for my rescheduling and cancellation of appointments. Twenty-four hour notice is required for all rescheduling and cancellations.

Name On Card: \_\_\_\_\_

Signature: \_\_\_\_\_

Credit Card Billing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_